

## Sunburst Packing List

You need to bring all the items on this list with you on your **scheduled Pre-Intake Day!**

During Pre-Intake, Sunburst staff will inspect packing list items to ensure they meet academy requirements. Any items that are not on the packing list or not to standard will be sent home with you. You will be able to replace any unauthorized items or items you still need to purchase and bring with you to Intake Day.

While at the academy, cadets are not allowed to put their hands in their pockets. If you cannot find sweatpants or shorts without pockets, **YOU MUST SEW ALL POCKETS CLOSED!** Shorts below the knees, baggy or form fitting clothing are **NOT** allowed. If you already own any items on the list you may bring them, but make sure there is **NO GRAPHICS** on the outside of your clothing (small logos are ok). Be sure to **WASH YOUR SWEATS SEVERAL TIMES BEFORE PRE-INTAKE DAY.** You will get lint all over yourself if you do not.

Pack all your belongings into a **STURDY** plastic hefty bag (trash bag). **Double bag** to avoid breakage. Do not bring suitcases, duffle bags, purses, or wallets. Do not write your name on any of the clothing items. We will have the cadets write their names on their items when they arrive. This will allow you to return any items that do not meet our specifications or are not allowed at the academy. If you are having difficulty finding some of the items, we suggest looking on Amazon.

**\*\*BREAK IN RUNNING SHOES BEFORE COMING TO AVOID BLISTERS\*\***





If you are facing financial hardship and cannot afford some of the clothing items, you will be able to apply for a Sunburst Foundation Scholarship for assistance. The scholarship does not apply to anything other than the clothing items. The scholarship application will be available on Pre-Intake Day at the Foundation table.

# Sunburst Packing List

## REQUIRED CLOTHING ITEMS FOR ALL CANDIDATES

<p>2 Pairs of Black or White based RUNNING shoes (NO Vans, Converse, Chuck Taylors or slip on shoes)</p>		<p>10 BLACK or GREY cotton underwear (Females: NO thongs, lingerie) (Males: Briefs/ Boxer briefs, NO loose-fitting boxers)</p>	
<p>2 Pairs of Black flip flops</p> <p>OR</p> <p>Shower slides without Velcro</p>		<p>2 boxes of disposable surgical masks</p>	

<p>10 Pairs of PLAIN BLACK CREWSOCKS</p> <p>AND</p> <p>10 pairs of BLACK ANKLE SOCKS</p>		<p>3 Light GRAY sweatpants (NO pockets or you must sew pockets shut!)</p>	
<p>3 BLACK 100% polyester, gym sweat shorts, <u>must be KNEE LENGTH</u>, No pockets</p>		<p>3 Light GRAY sweatshirts (NO hood, NO pockets, NO V- neck, NO low- cut, Non form fitting)</p>	
<p>3 Black spandex compression shorts (NOT biking shorts)</p>		<p>2 BLACK baseball caps (NO LOGOS, NO MESH)</p>	
<p>8 BLACK cotton T-Shirts Non form fitting (NO pockets, NO V-neck or Low cut)</p>		<p>1 BLACK kiwi shoe polish kit</p>	

<p>Prescription eye glass (If REQUIRED to use) * Contacts ARE allowed *</p>	 <p>OR</p> 	<p>1 Canvas type bag OR MESH shower bag to hold shower items</p>	 <p>OR</p> 
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**REQUIRED HYGIENE ITEMS FOR ALL CANDIDATES**

<p>2 Plain BLACK bath towels</p>		<p>2 Plain BLACK Washcloths</p>	
<p>2 Packs of DISPOSABLE Razors (Minimum of four blades)</p>		<p>1 Can of shaving cream (gel type)</p>	

**NOTE: Female razors and shaving cream are community items. They will be collected and distributed when used.**

1 Bottle of medicated foot powder		NON-ALCOHOL Mouthwash (Check the label – MUST be non-alcohol)	
1 Soap box holder		2 Toothbrush holders	

- 1 package of Q-Tips (250 Minimum Quantity)
- 2 Sticks of deodorant
- 2 BARS of soap
- 1 LARGE bottle of shampoo
- FEMALES: 1 Bottle of conditioner
- 2 Toothbrushes

- 2 LARGE Toothpastes
- 2 Bottles of UNSCENTED Sunscreen lotion (SPF 30 or higher)
- 1 Nail Clipper (WITH NO FILE)
- 2 Sticks of non-flavored chap stick SPF 30 or higher
- 1 Dental floss

### OPTIONAL ITEMS


- 1 Spiritual or another motivational book
- 1 bottle of face cream
- 1 bottle of unscented body lotion
- 10 (MAXIMUM) personal 4x6 photos (NO visible tobacco, alcohol, nudity, kissing, gang signs)
- Hair clippers (Males)

## REQUIRED ITEMS FOR FEMALE CANDIDATES

<p>1 pack of BROWN or BLACK hair ties or hair donuts (MUST be similar hair color)</p>		<p>8 WHITE or BLACK Sports Bras</p>	
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- 2 Boxes of pads and/or tampons
- 2 pack of LARGE bobby pins (Must be similar to your hair color)
- 2 Hairbrush or comb
- 1 bottle of hair gel
- Argon Oil without alcohol OR Coconut Oil in a plastic container

## REQUIRED WRITING MATERIALS FOR ALL CANDIDATES

<p>1 Zippered 2-inch, 3 ring binder (i.e. 5 Star Notebook) Color of your choice</p> <p><b>AND</b></p> <p>1 Wooden Clip Board</p>		<p>Mentor's home &amp; cell phone number and address on a 3x5 card taped in your binder</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Mentor Name</td> </tr> <tr> <td>Cell Phone: 555-555-5555</td> </tr> <tr> <td>Home Phone: 551-551-5551</td> </tr> <tr> <td>123 Main St.</td> </tr> <tr> <td>Santa Ana, CA 90720</td> </tr> <tr> <td> </td> </tr> <tr> <td> </td> </tr> <tr> <td> </td> </tr> </table>	Mentor Name	Cell Phone: 555-555-5555	Home Phone: 551-551-5551	123 Main St.	Santa Ana, CA 90720			
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- 1 Pack of college ruled paper (200 ct.)
- 1 pack of #2 Pencils **\*\*No Pens\*\***
- 2 Books of postage stamps for sending letters (Suggest pre-addressed return address/ stamped)
- 1 Box of envelopes for sending letters (Suggest pre-addressed with return address/ stamped)

**END OF DOCUMENT**