







Sunburst Packing List

REQUIRED CLOTHING ITEMS FOR ALL CANDIDATES

<p>2 Pairs RUNNING shoes</p> <p>NO</p> <p>VANS</p> <p>CONVERSE</p> <p>CHUCK TAYLORS</p> <p>SLIP ON SHOES</p>	<p>RECOMMENDED</p>     	<p>10 BLACK or WHITE cotton underwear</p> <p><u>FEMALES</u></p> <p>NO</p> <p>THONGS</p> <p>LINGERIE</p> <p><u>MALES</u></p> <p>NO</p> <p>LOOSE BOXERS</p>	<p>BRIEFS</p>  <p>BOXER BRIEFS</p> 
<p>Non-slip shower shoes with drain holes</p>		<p>7 Plain BLACK crew neck, cotton T-Shirts</p> <p>NO</p> <p>POCKETS</p> <p>V NECKS</p> <p>LOW CUT</p>	 <p>NO FORM FITTING</p>

<p>10 Pairs of PLAIN BLACK CREW SOCKS</p> <p>NOT DRESS SOCKS</p>	 <p>CALF LENGTH</p>	<p>3 Light GRAY sweatpants</p> <p>(NO pockets or you must sew pockets shut!)</p>	<p>SWEATS</p>  <p>NOT JOGGERS</p>
<p>7 BLACK 100% polyester, gym sweat shorts, <u>must be No</u> pockets</p>	 <p>KNEE LENGTH</p>	<p>3 Light GRAY sweatshirts</p> <p>NO</p> <p>HOODIES</p> <p>POCKETS</p> <p>V-NECK</p> <p>LOW-CUT</p>	 <p>NO FORM FITTING</p>
<p>7 Black spandex compression shorts</p>	 <p>NO BIKER SHORTS</p>	<p>2 BLACK baseball caps</p>	 <p>NO LOGOS OR MESH</p>

<p>2 Sets of GEL shoe inserts</p>		<p>1 BLACK kiwi shoe polish kit</p>	
<p>Prescription eye glass (If REQUIRED to use) * Contacts ARE allowed *</p>	 <p style="text-align: center;">OR</p> 	<p>1 Canvas type bag OR MESH shower bag to hold shower items</p>	 <p style="text-align: center;">OR</p> 

REQUIRED HYGIENE ITEMS FOR ALL CANDIDATES

<p>2 Plain BLACK bath towels</p>		<p>2 Plain BLACK Washcloths</p>	
<p>NON-ALCOHOL Mouthwash (Check the label – MUST be non-alcohol)</p>		<p>1 Can of shaving cream (gel type)</p>	
<p>1 Soap box holder</p>		<p>2 Toothbrush holders</p>	

- Medicated foot powder
- Unscented body powder
- 1 package of Q-Tips (250 Minimum Quantity)
- 2 Sticks of deodorant
- 2 BARS of soap
- 1 LARGE bottle of shampoo
- FEMALES: 1 Bottle of conditioner
- 2 Toothbrushes

- 2 LARGE Toothpastes
- 2 Bottles of UNSCENTED Sunscreen lotion (SPF 20 or higher)
- 1 Nail Clipper (WITH NO FILE)
- 2 Sticks of non-flavored chap stick SPF 30 or higher
- 1 Dental floss

OPTIONAL ITEMS


- 1 Spiritual or motivational book
- 1 bottle of face cream
- 1 bottle of unscented body lotion
- 10 (MAXIMUM) personal 4x6 photos (NO visible tobacco, alcohol, nudity, kissing, gang signs) Hair clippers (Males)

REQUIRED ITEMS FOR FEMALE CANDIDATES

<p>1 pack of BROWN or BLACK hair ties (MUST be similar hair color)</p>		<p>8 WHITE or BLACK Sports Bras</p>	
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- 2 Boxes of pads and/or tampons
- 1 pack of LARGE bobby pins (Must be similar to your hair color)
- 1 Hairbrush or comb
- 1 bottle of hair gel
- Argon Oil without alcohol OR Coconut Oil in a plastic container

REQUIRED WRITING MATERIALS FOR ALL CANDIDATES

<p>2 packs of typing paper</p> <p>1 Zippered 2 inch, 3 ring binder (i.e. 5 Star Notebook) Color of your choice</p> <p>AND</p> <p>1 Wooden Clip Board</p>		<p>Mentor's home & cell phone number and address on a 3x5 card taped in your binder</p>	<table style="width: 100%; border-collapse: collapse;"> <tr><td style="border-bottom: 1px solid black; text-align: center;">Mentor Name</td></tr> <tr><td style="border-bottom: 1px solid black; text-align: center;">Cell Phone: 555-555-5555</td></tr> <tr><td style="border-bottom: 1px solid black; text-align: center;">Home Phone: 551-551-5551</td></tr> <tr><td style="border-bottom: 1px solid black; text-align: center;">123 Main St.</td></tr> <tr><td style="border-bottom: 1px solid black; text-align: center;">Santa Ana, CA 90720</td></tr> <tr><td style="border-bottom: 1px solid black;"> </td></tr> <tr><td style="border-bottom: 1px solid black;"> </td></tr> <tr><td style="border-bottom: 1px solid black;"> </td></tr> </table>	Mentor Name	Cell Phone: 555-555-5555	Home Phone: 551-551-5551	123 Main St.	Santa Ana, CA 90720			
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- 1 Pack of college ruled paper (200 ct.)
- 1 pack of black ink pens
- 2 Books of postage stamps for sending letters (Suggest pre-addressed return address/ stamped)
- 1 Box of envelopes for sending letters (Suggest pre-addressed with return address/ stamped)